



SIGN UP NOW

LIMITED SPACE

10-WEEK FITNESS CLASS MEETS ONCE A WEEK. ACTIVITIES CENTER ON THE BUILDING BLOCKS OF FITNESS -- CARDIOVASCULAR ENDURANCE, MUSCULAR STRENGTH, FLEXIBILITY, BALANCE, COORDINATION AND NUTRITION. SPACE IS LIMITED TO THE FIRST 25 PER CLASS. COST OF \$125 INCLUDES A FIT CLUB T-SHIRT. A PORTION OF PROCEEDS BENEFITS THE ESE FOUNDATION.

MAKE CHECKS PAYABLE TO: ESE FOUNDATION. PUT REGISTRATION FORM ALONG WITH PAYMENT IN ESE FOUNDATION BOX.

CIRCLE ONE:

- KINDERGARTEN, 1ST AND 2ND: TUESDAY AFTERNOON - 2:30pm -3:30pm - Jan 24 - Mar 27
- 3RD, 4TH AND 5TH: THURSDAY AFTERNOON - 2:30pm-3:30pm - Jan 26 - Mar 29
- 2ND, 3RD, 4TH AND 5TH GRADES: THURSDAY MORNING - 7:00am - 7:50am - Jan 26 - Mar 29

CONTACT - AMY WHATLEY: amy.whatley@cobbk12.org

2012 FIT CLUB REGISTRATION FORM

STUDENT NAME: _____ T-SHIRT SIZE: _____

TEACHER: _____ GRADE: _____ ALLERGIES: _____

PARENT NAME: _____ PHONE: _____

EMAIL: _____

FOLLOWING AFTERNOON SESSION MY CHILD WILL (GO TO ASP / BE PICKED UP) CIRCLE ONE

I HEREBY RELEASE MY CHILD INTO THE CARE OF THE EAST SIDE ELEMENTARY P.E. STAFF DURING THE ABOVE-MENTIONED TIMES. I UNDERSTAND THAT HE / SHE WILL BE PARTICIPATING IN FITNESS ACTIVITIES THAT INVOLVE SOME INHERENT RISK.

PARENT/GUARDIAN SIGNATURE: _____ DATE _____